

# GOOD PARENTING enough



## Parenting Workshop

**Kick off : January 12th - 13th**

**Time : 7PM - 9:30PM**

**Venue : St. Christopher's Episcopal Church  
1656 Blalock Rd, Houston, TX 77080**

**Contact: Gbaskin@greaterhouston.church  
and Greaterhouston.church**

**Cost: Free to attend**

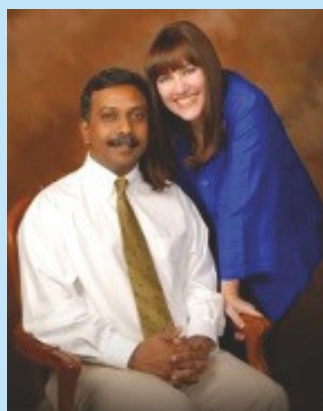
### Complete Good Enough Parenting Dates:

Small Groups: Feb. 1st, Feb. 15th, Mar. 1st, Mar. 15th, Mar. 29th, Apr. 12th, Apr. 26th, May 3rd

Lessons: Feb. 8th, Feb. 22nd, Mar. 8th, Mar. 22, Apr. 5th, Apr. 19th

### Synopsis:

The Greater Houston Church Is happy to present Good Enough Parenting! Ephesians 6:4 gives parents an important directive – do not Exasperate your children, Nurture them instead; however, do parents even understand what these terms mean? Good Enough Parenting (GEP) is a unique perspective teaching parents to meet their children's universal Core Emotional Needs by giving them a step-by-step guide on how to avoid "exasperation interactions" and how to increase "nurturing" ones. Apart from being rooted in the Bible, GEP is also an in-depth, research-centered, evidence-based parenting programme and is the only Schema Therapy based parenting programme in the world. GEP has been endorsed by many top researchers including Dr Jeffrey Young, Department of Psychiatry, Columbia University, New York, and Founder of Schema Therapy.



### About John and Karen Louis

John Louis holds a PhD from the UK in clinical psychology, and his research, published in several peer-reviewed journals, provides robust empirical findings for their GEP model. Besides being active in church ministry work for 35 years, John is a certified Schema Therapist and Supervisor. Karen Louis holds a Master in Counselling from Monash University, Australia and is a Master Solution Focused Practitioner and Coach, as well as a Certified Clifton Strengths Coach. Since the launch of GEP in 2009, they have trained over 1,000 Facilitators from Asia, Europe, North America and Australia, and several countries in Central & South America and Africa, and their books have been translated into seven languages. The Louis have been married for over 30 years and have two adult children who are happily married to wonderful disciples and have children of their own. John and Karen are enjoying their new role as grandparents.

## Get Plugged In!

**GEP will continue in our Church's different regions all over Houston!**

### Small Groups Locations:

**North** (Cypress, Spring, Kingwood)

**South West** (Katy, Sugarland, Richmond, Missouri City)

**Central** (City of Houston)

**Gulf Coast** (Pearland, Pasadena, League City)

### Contact:

**North:** dwooten@greaterhouston.church

**South West:** dcurtis@greaterhouston.church

**Central:** dwens@greaterhouston.church

**Gulf Coast:** jrempel@greaterhouston.church